

# KID'S HAVEN

CHILD CARE & PRESCHOOL

## Parent News

NEWSLETTER | APR 2026

### -NEWS AT THE HAVEN-

**Exercise Study Family Partnership Transition, Preschool & School-Age: 4/6-5/1**

**During our exercise study we are encouraging families to do the following...**

- We are inviting a high school athlete to join in any of the investigation by talking about his/her sport and demonstrating his/her sports routine or playing with the children outside.
- We are inviting our children to interview a family member about their favorite types of exercise.
- We are inviting families to teach their children the types of exercise they enjoy.
- We are inviting someone to the classroom who will share information about an exercise he/she likes.
- We are inviting someone who works in the field of exercise or nutrition to visit the classroom.
- We are inviting family members to come to school and exercise with the children.
- We are encouraging families to talk with their children about food labels and healthy food choices.
- We are inviting an exercise expert, family member, or someone who has to exercise at work to visit the class.
- We are inviting a visitor to the classroom to talk about nutrition or exercise.
- We are asking families to talk with their children about how to stay safe while exercising. Encourage them to think of ways to exercise together as a family.

*Missy Sjolín*

### -REMINDERS-

**During the month of April we will be having a diaper drive for Wright County Crisis Nursery**

Please inquire with the center on how you can participate

### -EVENTS-

**Apr 7&8 - Toddlers:** Come enjoy a snack with your toddler (4/7 - last name A-L; 4/8- last name M-Z)

**Apr 9 - PreSchool: Jim & Martha's Music Show (Cost is \$7)**

PT, PS1 & Pre-K: 9:-9:30

PS4 & PS5: 9:30-10:00

PS2 & PS3: 10:00-10:30

**4/13-4/17 - Week of the Young Child: All Classrooms**

**Apr 13 - Pajama Day/ Music Monday**

**April 14-** Class Color Day (Preschool Pink)/ Tasty Tuesday

**Apr 15 - Superhero Day/ Team Play**  
Wednesday

**April 16-** Jersey Day/Artsy Thursday

**Apr 17 - Disney Day/Family Day**

**Apr 22 - Earth Day** (celebrate earth day with earth day activities)

**Apr 24 - Preschool Cat's Yoga A.M.** (cost is \$7, must sign waiver to attend)

**Apr 28 - School Bus Appreciation day** (make thank you cards for our bus drivers)

### -CONTACT INFO-



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