## KD'S HAVEN CHILD CARE & PRESCHOOL Daren Mewsy NEWSLETTER | NOV 2023

## -NEWS AT THE HAVEN-

As the season of Thanksgiving approaches, we wanted to take a moment to talk about thankfulness. Gratitude is a topic that holds a special place in our hearts, and we believe it's never too early to teach our little ones about the joy of being thankful.

The practice of gratitude provides many benefits to our little ones, such as:

- 1.Positive Attitude: Expressing gratitude helps children focus on the positive aspects of their lives, fostering a more optimistic attitude.
- 2.Empathy: By recognizing the people, things, and experiences they are thankful for, children learn to appreciate the efforts and kindness of others.
- 3. Resilience: Gratitude can help children cope with challenges, as it teaches them to find strength in what they have, rather than dwelling on what they lack.

We encourage you to engage your children in conversations about gratitude. Ask them what they are thankful for, and let them know how much you appreciate their presence in your life. Share your own gratitude stories and, most importantly, model gratitude for them in your everyday actions.

Missy Sjolin

## -contact Info-



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Thanksgiving Eve 5:30AM to 6:00PM

**Day after Thanksgiving** 7:00AM to 5:50PM

## -Events-

**11/7**: We invite a family member to the classroom to talk about how to interact with pets safely and appropriately.

11/9: Jim Madsen Music Show

11/14: We invite families to allow their children to help feed pets at home or help feed a neighbor's pet.Encourage families to discuss why different pets prefer specific foods.

11/21: Pizza PJ Movie Day (Preschool)

**11/24**: We invite family members to the classroom for our pet study celebration.