



KID'S HAVEN

CHILD CARE & PRESCHOOL

Parent News NEWSLETTER | JAN 2023

-NEWS AT THE HAVEN-

NEW YEARS RESOLUTIONS

Did you know even really young children can set goals and resolutions for the New Year? The important point is keep the discussion age appropriate and try not to nag during anticipated lapses (as tempting as it can be). Help your child(ren) understand by doing small things every day -- with consistency and a plan, they can achieve the goals they've set for themselves. Saving enough money to buy a Ferrari may not be realistic, but saving enough money to buy a toy or cutting down on junk food is definitely something even preschoolers can achieve.

The point is to set realistic, achievable goals and help children understand that even grown-ups slip up **occasionally**. Help come up with a game plan and use a measurement tool such as tracking meals, counting coins saved, or recording an exercise journal so that your child can measure their progress. Looking forward to what we want in the future and planning how we can go about accomplishing a goal is an important life skill even if we aren't perfect 100% of the time.

Missy Sjolín

2023

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-REMINDERS-

- Please bring your hats, mittens, gloves and snow boots.
- Kid's Haven is now accepting applications! Please see our website for open positions.
- Please keep your child(ren) home if he/she are not feeling well or experiencing any illness related symptoms.

-EVENTS-

- 01/01 : New Years Day
- 01/12 : Picnic by Candlelight
11:00- 11:30 AM (Preschool)
- 01/04 : Nat'l Spaghetti Day
- 01/13 : Nat'l Sticker Day
- 01/15 : Nat'l Hat Day
- 01/16 : Talk with children about different sizes of clothes and when children/people wear each size.
- 01/19 : Nat'l Popcorn Day
- 01/23 : Have children watch someone at home who sews, feel free to watch a video on-line (see website for links)
- 01/25 : Wear Something Opposite or Inside Out for Opposite Day!
- 01/26 : Kyle the Magic Guy (Preschool)
- 01/31 : Have children watch someone at home who knits or crochets, if no one at home does, feel free to watch a video on-line. Sewing, knitting, or crocheting links on our website news section.