



# KID'S HAVEN

## CHILD CARE & PRESCHOOL

# Parent News

## NEWSLETTER | DEC 2022

### -NEWS AT THE HAVEN-

#### KEEP CHRISTMAS SIMPLE

Starting when they are little, all "good parents" know the importance of creating more, more, and more Christmas traditions for our kids. Between social media posts of exquisitely decorated Christmas homes and families that seem to be straight out of Good Housekeeping there seems to be more pressure than ever to do everything over the top. Everyone seems to be shouting, "You will definitely ruin your kids for life if you don't have a million or more Christmas traditions and an Instagram worthy home". But, when your kids are small, and you are barely treading water, the last thing you need is additional expectations and pressure, especially during Christmas.

And it's not just you that needs a slow and simple Christmas: your kids crave simple, too. Before you commit more of your time and energy, just remember: Your stress level increases. Your temper is shorter. You rarely slow down to enjoy what you're doing. You're constantly running down your to-do list in your head, making sure you haven't forgotten anything. Our kids feel the same way. And, they certainly can't appreciate why we as parents are so stressed out during this magical time of year. Of course family traditions are valuable, but just remember you don't need a million traditions or a perfect home to love Christmas.



*Missy Sjolín*



### -REMINDERS-

- Kid's Haven will be closed on Friday, 12/23 and on Friday, 12/30 to celebrate Christmas & New Year's Eve.
- **ALL ACCOUNTS** must have a zero balance at the end of the year on 12/31.
- Kid's Haven is now hiring! Please see our website for open positions and an application.



### -EVENTS-



- 12/8: Christmas Program: 8:30- transition & Pre 1, 9:15- Pre 2 & Pre3, 10:00- Pre 4, 10:45-Pre 5 & Pre-K
- 12/13: National Hot Cocoa Day- enjoy a cup of hot cocoa
- 12/15: Christmas Parties- 9:00-11:00 (Pre) Winter Wonder Magic Show at Kid's Haven
- 12/19 - 12/23: We are inviting families to create opportunities to sing with their children.
- 12/22: Wear your ugly sweater.
- 12/24: Closed on Christmas Eve
- 12/25: Merry Christmas!!!

### -CONTACT INFO-



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*Merry  
Christmas*

