

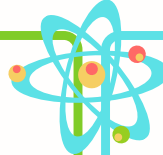


# KID'S HAVEN

CHILD CARE & PRESCHOOL

## Parent News NEWSLETTER | AUG 2022

### -NEWS AT THE HAVEN-



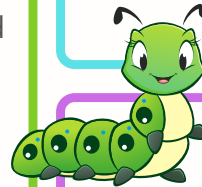
Going back to school means meeting new kids and seeing old friends. For some children, it is hard adjusting to new people/routines. Here are some tips:

- Role play different conversation starters: What is your favorite color? What superpower would you like to have? How old are you? What is your favorite game? What is your name?
- Be positive about potential negative situations. If your child waved at a friend going into class and was ignored, give your child alternate scenarios to transform negative thoughts. "Maybe John didn't see you." or "Could Miley be having a bad day and didn't feel much like talking?"
- Involve your child in after-school activities that interest them: soccer, dance, or choir. Joining an activity that interest your child is another great way for kids to meet friendly peers.

Remind your child that it is okay to be nervous about transitions. Point out that many kids feel just like they do. Acknowledge their anxiety as real while offering reassurance and coping strategies. With a little help, getting ready to start a new school year can be a confidence boosting experience for any young child.

### -REMINDERS-

- Please let your teacher know if your children's schedule is going to change when school starts.
- School-Age: Alternate destination forms. Please complete if you would like your child to transport TO or FROM Kid's Haven. Turn in completed by Friday, 8/5.
- Preschool: Complete a preschool bus form if your child will be taking a bus TO or FROM Kid's Haven. Turn in by Friday, 8/19



### -EVENTS-



- 8/1-8/5: Food Labels Healthy Choices
- 8/1: Guest Exercise Expert Discussion
- 8/6: Exercise & Nutrition Guest
- 8/6: Delano Theater (School Age)
- 8/9: Book Lover's Day
- 8/11: Toy in ice sculpture (Preschool)
- 8/11: MN Zoo (Preschool & School Age)
- 8/5 & 8/19: Bus & Destination Forms Due
- 8/20: World Honey Bee Day
- 8/25: Bubble Day (Preschool)
- 8/26: Bowling (School Age)
- 8/26-8/31: Exercise Safely with Family
- 8/26: Nat'l Dog Day

### -CONTACT INFO-



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Did you know bees are  
responsible for more than 1/3  
of the food we eat?

