AEWS AT THE HAVEN-

We will begin our exercise study starting in July. As we study exercise, we will learn concepts and skills in physical development, literacy, math, science, social studies, the arts, and technology. We'll also develop thinking skills as we observe, investigate, ask questions, solve problems, make predications, and test our ideas. We'll try many types of exercise, watch other people exercise, find out how bodies move, and learn what our bodies need to move and exercise. At home you can talk with your child about exercise and do a few exercises with your child each day. Point out

when you notice people in your community exercising. Help your child keep a daily exercise chart. Create a list together of your family's favorite exercises. As you read books with your child, notice and talk about the character's physical movements.

Missy Sjolin

-CONTACT INFO-



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-REMINDERS-

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NEWSLETTER | JULY 2021

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PRESCHOOL

Please call for availability if you are on a drop-in enrollment, and please try to keep us up to date on your child's schedule during these busy summer months. Thanks for understanding!

Happy July 4th. In observance, our center will be closed on Monday, July

5th.

-EVENTS-

7/1: Magic Show by Brian Richards (Preschool) 7/2: Wear Red. White and Blue 7/4: Fourth of July 7/5: Closed for Fourth of July 7/8: Picnic in the Classroom 7/12: High School Athlete Guest 7/13: Family Exercise Interviews 7/14: Millennium Dance Company (Preschool) 7/16: Delano Theater (School-Age) 7/19: National Ice Cream Dav 7/19-7/23: Fit Families 7/21: Stages Theatre (School Age) 7/22: Guest Exercise Discussion 7/22: Rock Hunt & Painting 7/26: Exercise/Nutrition Worker 7/25: National Parent's Day 7/28: Crayola Experience (School Age) 7/29: Merlajean's Parading Puppets (Preschool) 7/26-7/30: Family Member Visits