



Kid's Haven Child Care & Preschool

A Note from the Director

First of all I would love to thank each and every one of you for being so patient with the parking situation we have due to the addition. Just think, all of you that use to use the other door, how many extra calories your burning with all the extra walking:) Just kidding, but every one has been very understanding.

I have a request for Kidsvision (the kiddie cams). If you have an active account that you haven't used in over 6 months and you want it to continue to be active, please log in sometime before August 15th. All accounts that have not been used in 6 months will be deactivated at that time.

Enjoy the rest of your summer!

Sincerely,
Terry Peterson



Preschool

Throughout the month we will be exploring the topics, camping, zoo animals, frogs/toads/turtles, & sports. We will be focusing on the letters, w, x, y, & z. We will also be learning about the values, please & thank you, along with, the opposite over/under.

We would like to wish a Happy Birthday to our staff: Angie Peterson on 8/21, Mary Jo Gopinski on 8/23, & Jill Jensen on 8/26!

10 Ways to Encourage Your Child's Healthy Eating Habits

1. Keep healthy snacks within easy reach: Cut up raw vegs & keep them in a bag in the refrigerator. Easy to eat fruit, such as apples, bananas, & oranges in a convenient place
2. Start working on 5 a day in the morning: Add apple or banana chunks to the morning cold cereal, oatmeal or yogurt
3. Another great way to start working on 5 a day: Serve juice with breakfast, or keep fresh fruit available for kids
4. Let the kids do the cooking: If child helps make a meal, he/she will be more willing to eat the food. Let your child put together a veg & fruit tray for dinner.
5. Use low fat dips to spice up raw fruits and vegetables: Kids love to dip foods. Try apple sauce, yogurt & cottage cheese
6. Encourage variety: Most kids will try anything once. If you give your child enough chances to try new foods, you'll usually find something he/she likes.
7. Fix foods the way kids like them: Most kids like vegetables raw or cooked until tender. If they don't like a certain kind of vegetable raw, try veggies steamed or boiled
8. Serve new foods one at a time: When trying out new foods, make sure there are other foods your child likes on the plate to go with the new food
9. Serve great tasting desserts without the fat & calories: All kids lover desserts, and they'll also love fresh berries topped with yogurt instead of ice cream, air popped popcorn instead of cookies, dried fruit instead of candy

Lead by example: If you set a good example with your own habits, your child will

<http://www.healthychoices.org/inde>

Infant

Throughout the month we will be exploring the topics, at the zoo, to the beach, safari animals, & fruits

We would like to welcome: Paige Alberg, Emery Myron, Gabriel Larson, Ava Garcia, Eli Hegle, Ava Moline, Devin Goshaw, Ruby McDonald, Tyler Gabrielson, Josephine Peterson, Savana Sabraski, Rylan Rehnstrand, & Thomas Johnson to our infant program!

Toddler

Throughout the month we will be exploring the topics, circus, fruit, ocean friends, neutral colors, and community helpers. We will be focusing on the letters H and L.

We would like to welcome Justin Spalinger, Kately Hagen, Brady Hill, Lucy Eggen, & Oliver Beck to Toddlers!

We would like to wish the best of luck to those children moving up to preschool, Cameron Warzetha, Steven Heber, Ty Tschudi, Zachary Butler, & Leo Kallaugher

Kinder/ S. A.

Throughout the month we will be exploring the topics, zoo animals, alphabet, luau, numbers, & shapes. We will be focusing on the letters, r, y, w, & a.

Reminder: Alternate destination forms need to be turned in ASAP to the front office or Shelly.

Special Events at Kid's Haven

Toddler 2	
Face painting & Ice cream sundae party	8/7
*Bring in your favorite topping to share	
Transition	
Fruit Salad *Bring in your child's favorite fruit to share with their friends for snack	8/14
Preschool	
Como Zoo	8/7 @
*Bring bag lunch	8:45
Maple Lake Mega Play-ground *Bring bag lunch	8/20 @ 10:00
Kinder/S. A.	
Como Zoo	8/7 @
*Bring bag lunch	8:45
Huikko's Bowling	8/13 @
*Bring socks	8/13 @
Luau *Wear Hawaiian shirt	11:30
	8/19
Pizza Party @ the park	8/21 @
*Bring drink	11:00
Movie & PJ Day *Bring movie	8/21 @ 11:00
Family of the Month	
The Correll Family	
Dadi Dennis	
Mom: Kathy	
Child: Kyleigh (10 yrs)	
Staff of the Month	
Allie Houfer	
Thank you for all of your hard work and dedication!	

After concluding our parent surveys there are some standards which we believe we are meeting that some families do not feel are being met. We apologize if we have not made some things apparent in advance. I hope this information will clear some things up for you. Please stop in the office to talk to an Administrator if you disagree with any of these standards. It is our number one goal to be sure each family is receiving the best care possible!

We are also using the results from the surveys to make any improvements around the center, which need to be made to meet each standard. We are continually striving to meet each standard, to ensure good quality child care! Thank you for your time and input, it is greatly appreciated and valued.

Standard	How we believe we are meeting the standard
I receive advance notification of each activity outside the center that requires transportation	<p>*On our website through the link Calendar has posted each of the upcoming field trips, times, and what items to bring.</p> <p>*Posted by each time clock is a list of upcoming events with the dates, times, and items to bring.</p> <p>*Posted on each parent board located outside the classrooms is a list of upcoming field trips; along with, the sign up sheets for the field trips that indicate what type of transportation we are using.</p>
Shock-absorbing materials are maintained in fall zones under climbing equipment, slides, and swings	Outside we have the sand as a shock-absorbing material, which is recommended by the MN Dept. of Health & Safety
Menus are available to parents when children are served food prepared by the center	Outside the kitchen door is a file with available menus in it.
Teachers provide interested parents with opportunities for classroom involvement	<p>It is listed in the parent handbook that parents are welcome in the classroom at anytime. They are invited to come have lunch with their child.</p> <p>Parents are welcome to help out with classroom parties.</p>
I receive important information about the program on a regular basis	<p>*Each month there is a center newsletter placed in the parent's file</p> <p>*The website is kept up to date with any important information</p>
Parent/staff conferences are held at least annually. My opinions are invited and considered when discussing my child's progress and overall development	Parent/staff conferences are held in May & Nov of each year. There are sign up sheets out side of each classroom door, which parents are encouraged to sign up for. The teacher will also get in contact with a parent if they believe a conference should be held.
The center has provided opportunities for me to participate in parent education programs	At the parent resource center located in the front entry, there are a list of parent education classes that are being held in the surrounding areas. The list indicates the class, where it is being located, and how to get signed up for it.
Planned activities for the day are posted for my information	On each classroom's parent board is the lesson plan with the scheduled planned activities with the objective of each activity.
Children are encouraged to explore their own ideas with art materials. Teachers do not make models for children to copy nor provide patterns to color within the lines	Each classroom Toddler/Preschool Transition and older have a "do it yourself" area. This area allows children to use the art/writing materials available to create their own ideas.
My child is provided protective clothing when engaging in messy play	Each child that is engaging in messy play is provided a paint shirt to wear.